



## Helly Hansen Workwear - Men's Jackets Size Guide (cm/Inches)

### BODY MEASUREMENTS

CM [INCHES](#)

SIZE	CHEST	WAIST	HIP	CB SLEEVE*	BODYLENGTH
XS	88	76	88	82	170
S	92	80	92	84	174
M	100	88	100	87	180
L	108	96	108	90	184
XL	116	104	116	93	188
2XL	124	112	124	96	192
3XL	132	120	132	98	194
4XL	140	128	140	98,5	194
5XL	148	136	148	99	194

\*Centre Back Sleeve: Measure straight from center back neck to shoulderpoint, and from shoulderpoint to wrist with the arm in a relaxed position.

### BODY MEASUREMENTS

CM [INCHES](#)

SIZE	CHEST	WAIST	HIP	CB SLEEVE*	BODYLENGTH
XS	34 2/3	30	34 2/3	32 1/3	5'7"
S	36 1/4	31 1/2	36 1/4	33	5'9"
M	39 1/2	34 1/2	39 1/2	34 1/4	5'11"
L	42 1/2	37 3/4	42 1/2	35 1/2	6'
XL	45 2/3	41	45 2/3	36 1/2	6'2"
2XL	48 3/4	45	48 3/4	37 3/4	6'3"
3XL	52	47 1/4	52	38 1/2	6'4"
4XL	55	50 1/3	55	38 3/4	6'4"
5XL	58 1/4	53 1/2	58 1/4	39	6'4"

\*Centre Back Sleeve: Measure straight from center back neck to shoulderpoint, and from shoulderpoint to wrist with the arm in a relaxed position.